Your 3-2-1 Liver Detox Kit

Follow This Guide — Not the Bottle ✦ Your Complete 30-Day Protocol

What's in Your Kit

Three physician-grade supplements from shop.fasttofaith.com

Liver Lift 1 – capsules, activates Phase 1 (starts Day 3)

Liver Lift 2 – powder, activates Phase 2 & Phase 3

Hormone Tame – capsules, activates cell support & restoration for all 30 days

Full protocol: 30 days
Detox phase: Days 1–14
Support phase: Days 15–30

Dr. Tabatha Barber, DO
Creator of the 3-2-1 Liver Detox Kit

⚠ Important: Do Not Follow the Bottle Instructions

The dosing on your supplement labels is a general guideline. For this detox to work properly, follow the timing and sequence in this guide – the order and layering is what makes it effective.