FAST TO FAITH

Drop It Duo

METABO LIFT + SLIM LIFT

WHAT THIS DUO SUPPORTS

- ***Healthy metabolism and fat burning†***
- ***Balanced blood sugar and fewer energy crashes†***
- ***Healthy liver function and fat metabolism†***
- ***Cholesterol and blood pressure already in a healthy range†***

Drop It Duo pairs two complementary formulas for women whose weight won't budge in perimenopause. Hormonal shifts can slow your metabolism, raise blood sugar swings and pack fat around the belly and liver. This duo works on both sides: how your body turns food into fuel, and how well your liver clears fat.†

What's Inside

Metabo Lift

Stimulant-free metabolism support. Helps your body turn food into usable energy instead of storing it, and supports steadier blood sugar so energy doesn't spike and crash.†

How to take: 2 capsules daily, ideally morning or early afternoon.

Slim Lift

Liver-focused weight support with aged black garlic, bergamot orange and artichoke extracts (BergacynFF®). Supports liver fat clearance, fat metabolism and healthy cholesterol and blood pressure levels.†

How to take: 2 capsules daily.

Why the Liver Matters

Your liver has more than 500 jobs, including processing fats, storing sugar and clearing hormones. When it is congested, weight loss gets harder. Supporting the liver while supporting your metabolism gives your body two ways to let go of stubborn weight.†

Your Daily Rhythm

Morning	Metabo Lift, 2 capsules
Midday	Slim Lift, 2 capsules (or split morning and midday)

Get the Most From Your Duo

- Take both every day. Consistency is what helps metabolic pathways respond.
- Pair with protein at each meal to keep blood sugar steady.
- Drink plenty of water, and add electrolytes on fasting days.
- Move your body daily, even a 10-minute walk after meals.
- Give it time. Most women look for changes over 8 to 12 weeks.

Often Chosen By Women Dealing With

Weight loss resistance | **Belly fat** | **Energy crashes** | **Sugar cravings** | **Sluggish liver**

Each product's full one-page fact sheet, with complete ingredients and research, is on its product page at shop.fasttofaith.com. If you are pregnant, nursing, or taking medication, talk with your healthcare provider before starting.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.